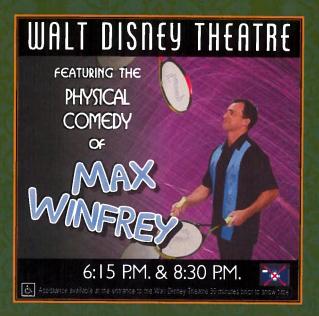
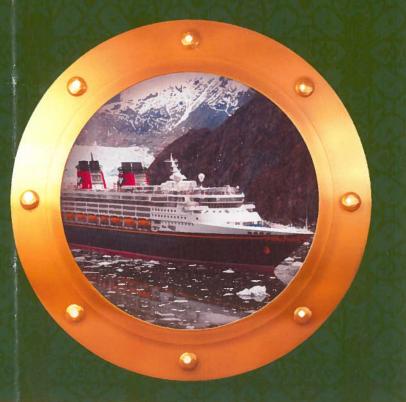
# PERSONAL NAVIGATOR

TRACY ARM: WEDNESDAY, AUGUST 22, 2012

Sunrise: 5:49 a.m. Sunset: 8:19 p.m. Evening Attire: Cruise Casual



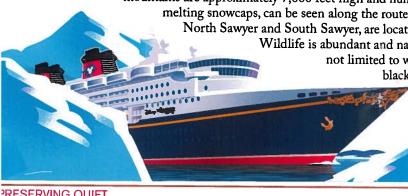


# **SEA WHAT'S AFLOAT**

Tracy Arm Fjord is located in the Inside Passage approximately 45 miles south of Juneau. Cruise ships wind their way through the fjord which is located in the Tongass National Forest. The surrounding mountains are approximately 7,000 feet high and numerous waterfalls, created by melting snowcaps, can be seen along the route. The Twin Sawyer Glaciers, North Sawyer and South Sawyer, are located at the end of Tracy Arm.

Wildlife is abundant and native animals include but are not limited to whales, sea lions, bald eagles, black bears, and mountain goats.

Due to the microscopic sediment or glacial flour, the water is a glacial blue.



### RESERVING QUIET

Disney Cruise Line recognizes the importance of quiet and solitude to preserve wilderness values and marine ecology, and will minimize essel announcements, Funnel Vision audio and music on the open deck while we are in our ports of call and sailing through Tracy Arm. varration is at maximum levels permitted by local regulations and may seem quiet. Narration will also be broadcast on channel 251.



# Acupuncture

Acupuncture is effective in the treatment of over 100 conditions. Guests enjoy this popular service for any type of pain including back/neck/knec/feet, sciatica, arthritis, sea sickness, headaches, stress, digestive disorders, anxiety, addictions, and even weight loss. You are invited to schedule a complimentary consultation to see how Acupuncture will help you. Enjoy your cruise and beyond with this time-tested medicine.

Please call 7-1465 to start feeling better today.

\$5,000 Mega Jackpot WaveBands

11:00 a.m. Pre Sales

Join your Bingo King Matt and the Bingo team, and take home \$5,000 in the fourth game if you can cover your card in 46 numbers or less! This is a one-time-only event which you simply can't afford to miss!

DINNER Animator's Palate: Show Dinner Parrot Cay: Taste of Alaska Triton's: French Dinner

DRINK Twin Sawyer (Alcoholic) Glacier Espresso (Non Alcoholic)





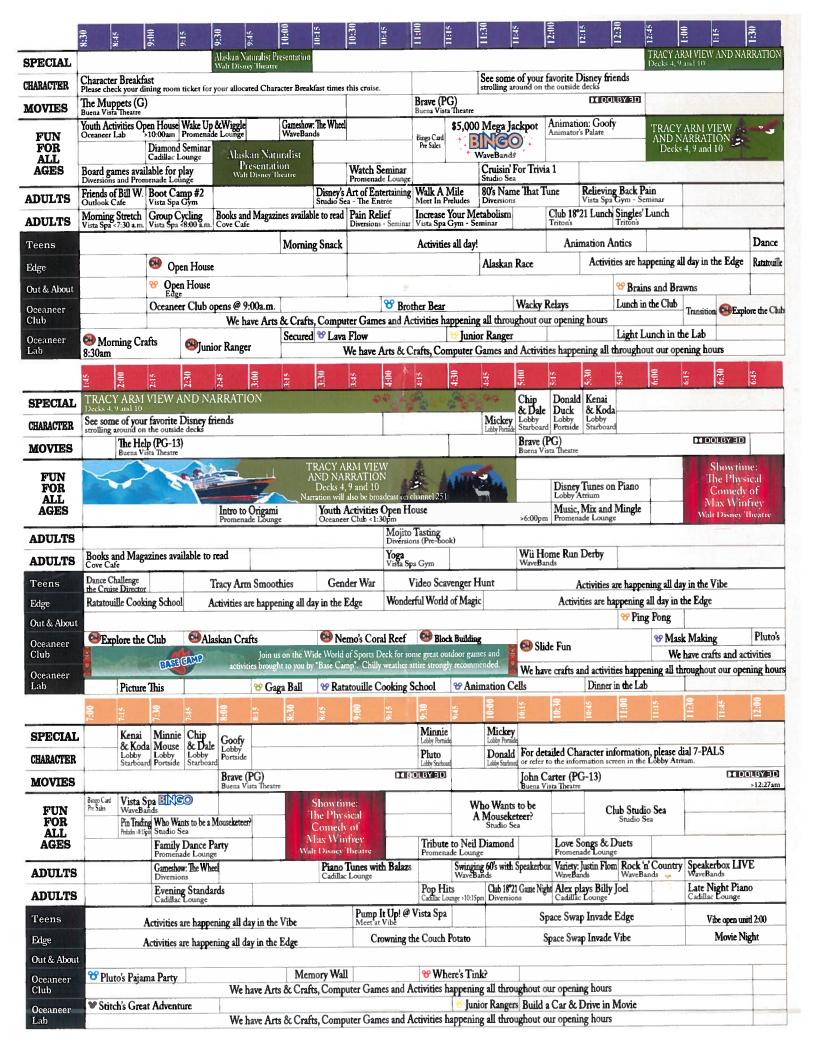
ADULT CABARET: 10:30 P.M. THE COMEDY AND MAGIC OF

JUSTIN FLOM

THEME NIGHT: 11:00 P.M. ROCK 'N' COUNTRY

EATURING A SPECIAL PERFORMANCE BY THE WALT DISNEY THEATRE DANCERS

IMPORTANT NUMBERS 7-3001 Fire / Security Medical EMÉRGENCY 7-3000 Health Center 7-1923



# YOUTH ACTIVITIES

8500
1440
440
440
445
1445
810
456
1









### YOUTH ACTIVITIES OPEN HOUSE

Nemo's Coral Reef Adventure at 3:30 p.m. - Explore beneath the ocean waves on an undersea puppet adventure with everyone's favorite fish, Nemo.



### **CLUBHOUSE SERIES**

Where's Tink? at 9:30 p.m. - Tinkerbell is hiding and we need your help to follow clues around Captain Hook's ship to find her.



### 👂 STORYBOOK SERIES

Pluto's Pajama Party at 6:45 p.m. - A good old pajama party. Play games, sing songs, color your own pillowcase, dance & much more.



## JUMP UP! SERIES

Gaga ball at 3:00 p.m. - Come play a great, fun game.



### **CREATE & INVENT SERIES**

Ratatouille Cooking School at 3:30 p.m. - Join our Ratatouille Cooking School for baking fun! Make new friends and bake your own Chocolate Chip Cookies!



# IN THE SPOTLIGHT SERIES

Junior Ranger at 11:15a.m. & 9:45 p.m.- Come learn about the exciting nature and wildlife Alaska has to offer, and how you can be a Junior Ranger.



### SOLVE IT SERIES

Stitch's Great Adventure at 7:00 p.m.-Stitch needs your help in trying to capture ten of his lost experiments before they cause all kinds of problems on the ship!



OUT AND ABOUT SERIES - Recommended for ages 8-14.

Ping Pong at 5:45p.m. Do you have what it takes to be a Ping Pong Champion.

### YOUTH ACTIVITIES OPEN HOUSE

Open House today is in the Oceaneer Lab from 8:30 a.m. until 10:00 a.m. and in the Oceaneer Club from 1:15 p.m. until 6:00 p.m. It is an opportunity for all to come and participate in a variety of exciting activities and free time.

### **BASE CAMP**

Come and enjoythe beautiful scenery on the Sports Deck while participating in fun activities with your Youth Activities team. This will be secured programming for the Oceaneer Club and Lab from 1:30 p.m. to 5:00 p.m., weather permitting.



# ACTIVITIES FOR 11-14 YEAR OLDS Deck 2 Midship (7-5810)

# RATATOUILLE COOKING SCHOOL@ 1:30 P.M.

Join our Ratatouille Cooking School for baking fun! Make new friends and bake your own Chocolate Chip Cookies!



ACTIVITIES FOR 14-17 YEAR OLDS

Deck 11 Midship (7-1456)

SPACE SWAP @ 10:00 P.M.

Its your one time to take over the Edge and enjoy their space.

# **FUN FOR ALL AGES**

### ANIMATION CLASS: GOOFY

12:00 p.m. Animator's Palate

Your Cruise Staff teaches you how to draw some of your favorite Disney friends: today it's Goofy!

### JUMARI AND GABRIELLE

5:15, 7:30, 9:30 & 10:30 p.m. Promenade Lounge

Join Jumari and Gabrielle for the best in melodic and acoustic tunes including a special "Love Songs & Duets" set at 10:30 p.m.

### **VISTA SPA BINGO**

7:00 p.m. WaveBands

Join your Bingo King Matt and your Cruise Staff team for four cash prize games, plus treatments from the Vista Spa to be raffled off.

# WHO WANTS TO BE A MOUSEKETEER?

7:30 & 9:45 p.m. Studio Sea

Your chance to get in to the hot seat in our own version of this popular T.V. gameshow.

### **ALASKAN NATURALIST PRESENTATION**

GROWLERS & SLIDERS – ICE ON THE INSIDE PASSAGE
9:30 a.m. Walt Disney Theatre

Join Cynthia Gibson to learn about what you'll see, from tide water glaciers, ing glaciers, tribuuary glaciers and ice fields. Understand the role ice has played in



# **ADULT EXCLUSIVE ENTERTAINMEN**

### **BEVERAGE TASTINGS AND SEMINARS**

(Pre-book at Guest Services, Nominal fee)

Savor and enjoy our special tastings and seminars.

Mojito Tasting 4:00 p.m. Diversions

Whiskey Tasting 10.30 p.m. Cove Cafe

### DISNEY'S ART OF ENTERTAINING - THE ENTREE

10:15 a.m. Studio Sea

Today we show you how to prepare Pan Searcd Alaskan Salmon. Join us for an entertaining look at preparing this local specialty. Recipes and tastings included.

### 80'S NAME THAT TUNE

11:30 a.m. Diversions

Join your Club Host, Daniel, as he tests your knowledge of the decade of big hair and big tunes.

### PIANO AND VOCAL FAVORITES

7:30, 9:30, 10:30 & 11:30 p.m. Cadillac Lounge

Join Alex James in the Cadillac Lounge for inspired performances, featuring special sets entitled "Pop Hits" at 9:30 p.m. and "Alex plays Billy Joel" at 10:30 p.m.

### CLUB 18\*21 GAME NIGHT

10:00 p.m. Diversions

Meet other 18-21 year olds, play some games and share some laughs.

### ROCK 'N' COUNTRY

11:00 p.m. WaveBands

Join your Cruise Staff as we round up the greatest classic rock and urban country hits. The party starts with a "boot stompin" dance performance featuring the Walt Disney Theatre Performers.

# MORE TO ENJOY WHILE ONBOARD



Come and see our unique Disney Artwork today from 12:30 p.m. to 4:00 p.m. and 6:00 p.m. to 9:00 p.m. in the Vista Gallery on Deck 4, Midship. See your Gallery Host for further information.

\$0.75 per minute or save money by buying blocks of time. \$55 for 100 minutes, \$100 for 250 minutes and \$150 for 500 minutes. Wireless information sheets are available at Guest Services, Deck 3, Midship. Due to the technology involved and satellite connectivity, the onboard internet service will be noticeably slower than you may be accustomed to and may at times be interrupted or unavailable.

### **ONBOARD AIRLINE CHECK IN**

Stop by Guest Services before 11:00 p.m. on Friday to see if you are eligible for Onboard Airline Check In.

### WHITNEY'S WATCH SEMINAR

Alaska is one of the top destinations in the world to buy a watch! Get educated by your Shopping Guide, Whitney, on what to look for to find the perfect watch for you and why the duty free prices in Alaska are unbeatable. If you've always wanted a Swiss watch, this is the place! 10:30 a.m. in the Promenade Lounge.



### **GOSMILE TEETH WHITENING**

**PLAN YOUR NEXT CRUISE** 

Photographers available on decks for Tracy

portraits on display at Shutters, Deck 4, Aft.

Arm photos today (weather permitting). Formal

Book your next cruise today and you'll save 10%,

reduced deposit! Visit the Future Cruise Sales desk

receive up to a \$200 onboard credit, and pay a

Learn how to experience the comforts of home

Vacation Club Desk on Deck 4, Midship, to

during your next vacation. Come visit the Disney

located Deck 4, Midship, or call 7-2848.

**FIND YOUR VACATION PARADISE** 

Smile with confidence! A revolutionary system that makes your teeth noticeably whiter in just 30 minutes. It can even lift stains from porcelain crowns and veneers and is completely safe. For more information call or visit Vista Spa on Deck 9 Forward.

VISTA SPA

### **OPERATING HOURS**

Disney's Vacation Club	9:00 A.M 11:00 A.M.	Port Adventures Desk	9:00 A.M 1:00 P.M.
•	5:00 P.M 10:00 P.M.		7:00 P.M 8:30 P.M.
Future Sales Desk	9:30 P.M 12:30 P.M.	Port & Shopping Desk	7:30 P.M 8:30 P.M.
	5:00 P.M 6:00 P.M.	Preludes (snacks)	OPEN DURING SHOWTMES
	7:30 pm 8:30 pm.	Quarter Masters	24 HOURS
	9:00 P.M 10:00 P.M.	Quiet Cove Pool	6:00 A.M 12:00 MID
Goofy's Pool	8:00 a.m 12:00 mid	Shutters	10:00 A.M 11:00 P.M.
Guest Services	24 HOURS	Treasure Ketch	9:00 A.M. = 10:30 P.M.
Health Center	930 a.m 11:00 a.m.	Radar Trap	6:00 P.M 10:30 P.M.
	4:30 PM - 7:00 PM.	Vista Gallery	12:30 PM 4:00 PM.
Mickey's Mates	9:00 a.m 10:30 p.m.		6:00 P.M. 9:00 P.M.
Mickey's Pool	8:00 A.M 10:00 PM.	Vista Spa Fitness Center	6:00 A.M 10:00 P.M.
Mickey's Splash Zone	10:00 a.m 8:00 p.m.	Vista Spa and Salon	8:00 A.M 10:00 P.M.

### **Dining Hours**

Consumers who order raw or partially cooked, ready-to-eat food of animal origin, are hereby informed that the food is not sufficiently cooked to ensure

6:30 a.m. - 8:30 a.m.

7:00 A.M. - 10:30 A.M.

# BREAKFAST Beech Blanket Buffel

Goofy's Galley

Tritons	730 a.m 930 a.m.
LUNCH	
Beach Blanket Buffet	12:00 P.M. 2:00 P.M.
Goofy's Galley	11:00 a.m 7:00 p.m.
Pinocchio's Pizzeria	11:00 a.m 6:00 pm.
Pluto's Dog House	11:00 a.m 6:00 p.m.
Tritons	12:00 P.M 1:30 P.M.

### DINNED

DIMMER			
Animator's Palate*	5:45 P.M.	&	8:15 P.M.
Tritons*	5:45 P.M.	&	8:15 P.M.
Parrot Cay*	5:45 P.M.	&	8:15 P.M.
Beach Blanket (CASAL DNAG)	6:30 PM	*	8:30 BW
Pluto's Dog House	6:00 P.M.	-	9:30 PM.
* Pre-amanged seating assummer	nts		

### LATE NIGHT SNACKS

Diversions (Adults)	11:00 P.M.	-	12:00 MID
Promenade Lounge (Family)	11:00 PM		12:00 MID
Gooty's Galley (Ice Cream)	7:00 PM	•	11:00 P.M.
Pinocchio's Pizzeria	930 PM.	-	12:00 MID

### **ADDED FEATURES**

Beverage Station	24 HOURS
Room Service	24 HOURS

### **Bar Hours**

Bars are solely for adults 18 and older, except during scheduled family events. Adults must be 21 and older to consume alcoholic beverages.

### ON DECK

Cove Café	6:30 A.M 12:00 MID
Outlook Café & Wine Bar	6:30 A.M 12:00 MID
Pinocchio's Bar	9:30 A.M 12:00 MID
Pluto's Dog House Bar	11:00 A.M 6:00 P.M.
Signals Bar	10:00 A.M 7:00 P.M

### LOUNGES

Diversions	10:00 A.M 12:00 MID
Preludes	OPEN DURING SHOWTMES
Promenade Lounge	7:30 A.M 12:00 MID
Studio Sea	OPEN DURING SCHEDULED EVENTS

### **ROUTE 66**

8 and older after 9:00 p.m.			
Cadillac Lounge (quests 18& outer	5:30 PM.	-	12:00 MID
VaveBands Bar	OPEN DURING S	ЭCН	EDULED EVENT

COURSE LINE



discover the secret.

Our Port Adventures desk is open to plan your day in Skagway for tomorrow. Choose the White Pass Scenic Railway as it climbs nearly 3,000 feet over 20 miles of steep grades and cliff-hanging turn, explore the beautiful scenery on one of our many hiking port adventures or get ready for an intimate Rib Boating Adventure through the Lynn Canal on our Ocean Raft Nature Adventure. See you at our desk on Deck 3, Midship.



## Sophia Fiori Seminar

Come to learn about history of Diamonds from Sophia Fiori Collection at 9:00am in the Cadillac Lounge, Deck 3 Forward and have a chance to win a piece of Treasure to take home.

## Gold by the Inch

Create the perfect necklace, bracelet or anklet... It's as easy at 1, 2, 3! First, choose a chain from our selection of Sterling Silver plated or 18k Gold plated. Second, measure the length of chain you desire. Third, we add the clasp and your custom-made jewelry is ready to wear! Available in Treasure Ketch, Deck 4 Midship



### What's Your Vintage?

Check out our selection of Fossil merchandise. Everything from watches to bags and accessories at duty free prices! Available in Treasure Ketch.

Tax and duty free shopping right here on board. A great range of jewelry, fragrance and liquor all at competitive prices is available in Radar Trap and Treasure Ketch. Buy on board and we will package it safely for your journey

### IMPORTANT INFORMATION

Security Notice
All Guests (including Children) who wish to disembark or embark the ship are required to present their Key to the World card at the gangway A photo ID is also required for those Guests who are 18 years of age or older. Guests under the age of 18 are required to have a Parent, Guardian or other responsible adult sign an authorization form at the time if it women out if the wight to an advonat the time it is given out if they wish to go ashore unaccompanied. Authorization forms are available at the gangways and Guest Services.

# Cold and Flu Reminder

Please wash hands frequently and thoroughly, particularly before meals. Contact the Health Center by dualing 7-1923, should anyone in your party become ill

### Corridor Quiet Hours

quiet hallway hours from 10:00 p.m. til 8:00 a.m.

### Inclement Weather

For the safety of all Guests, outdoor events may be changed due to unforeseen weather conditions.

### Environmental Message

OPEN TILL 130 AM

With Disney's commitment to the Environment please refrain from throwing anything over the Ship's side. Please note that no food or drink items may be taken off or brought onto the ship.

### No Reserved Seats Policy

As a coursey to all Guests we faully advose that the saving of seats is not permitted in the Walt Disney Theatre, and the saving of the sun loungers is not permitted on Deck 9 and 10 Items left unattended will be returned to lost and found at Guest Services Deck 3 Midship.

Smoking
For the comfort of our guests the following areas are designated as Smoking areas: Open decks on the Starboard Side (excluding Mickey Pool area). Smoking is not permitted on Deck 4, Starboard from 6.00am to 6:00pm Smoking is prohibited in all guest staterooms. Guests found smoking in their staterooms will be charged a \$250 stateroom recovery fee.

Due to the technology involved and satellite connectivity, the onboard internet service will be noticeably slower than you m be accustomed to and may at times be interrupted or unavailable

### Walt Disney Theatre

Theatrical performances may use artificial fog, strobe lights, pyrotechnics and other special effects. For the safety of our performers and the comfort of the safety of our performers and the comfort of the safety of the safet those around you, photography and video recording is strictly prohibited

### Verandah Safety

Please do not leave any combustible materials of your balcony when not present in your stateroo ombustible meterials on